## JUICE + SMOOTHIES + SPECIALTY COFFEES

ORANGE   APPLE   GRAPEFRUIT	
PINEAPPLE   CRANBERRY	8
REFRESHING SMOOTHIES	10
NITRO COLD BREW	10
CAPPUCINO/LATTE/AMERICANO	9
ASSORTED HOT TEA	7

## FRUIT + GRANOLA + GRAINS + TOAST

GREEK YOGURT & GRANOLA fresh berries. almonds. (veg) 18

FRUIT PLATE tropical fruit. (v,gf) 16

PASTRY BASKET assorted pastries. (veg) 14

STEEL CUT OATS blueberries. pecans. brown sugar. cinnamon. (veg) 17

ACAI BOWL

banana. mango. berries. coconut. (v) 17

COFFEE & BANANA FRENCH TOAST brioche. toasted nuts. dented brick rum. whipped cream cheese. (veg) 22

GRILLED AVOCADO TOAST sourdough toast. seeds. sprouts. (v) 24 + sunny side egg 5 | + smoked salmon 12

FRESH BERRY BOWL peanut butter. chia. seeds. (v,gf) 17

BUTTERMILK PANCAKES mixed berry compote. vermont maple syrup. 17

## **EGGS**

DOUBLE BACON SANDWICH

brioche bun. one egg any style. pickled red onion. breakfast potatoes. salad. 22

THREE EGG OMELETTE

choice of fillings: american. cheddar. gruyère. onions. tomatoes. peppers. spinach. bacon. ham. Includes side of breakfast potatoes. salad. 23

**FGGS BENEDICT** 

hollandaise. ham. english muffin. breakfast potatoes. salad. 24 Florentine substitute. spinach. tomato. (veg) 24

CHORIZO HUEVOS RANCHEROS

black beans. corn tortillas. sunny side egg. cotija cheese. avocado. 22

AMERICAN BREAKFAST

two eggs any style. breakfast potatoes. salad. choice of ham. bacon. sausage. 25

EGG WHITE FRITTATA

farm greens. heirloom tomatoes. parmesan. (gf) 24

## **SIDES**

SMOKED SALMON (gf)	12
CHORIZO & POTATO HASH	12
COUNTRY PORK SAUSAGE (gf)	10
APPLE CHICKEN SAUSAGE (gf)	10
NIMAN RANCH HAM (gf)	10
WASATCH MEATS SMOKED BACON (gf)	10
TWO EGGS ANY STYLE (veg, gf)	10
BREAKFAST POTATOES (veg)	8
PLAIN BAGEL + CREAM CHEESE	8
SEASONAL MUFFIN (veg)	6
CROISSANT (veg)	6
CHOCOLATE CROISSANT (veg)	6
TOAST (veg)	6
sourdough, white, wheat, english muffin.	